



Medical Reserve NEWS

SUMMER 2013

... prepared
to fight
whatever is
dealt to us.

— RADM
Boris Lushniak

The Private War with Ourselves

At the recent Medical Reserve Corps (MRC) 2013 Seasonal Leadership and Training Summit held in Virginia, RADM Boris Lushniak, Deputy Surgeon General, stated that the health of our communities is the priority of the MRC. Although our volunteers have responded to “warlike situations” (i.e. recent storms, tornados, acts of terrorism), we must be “prepared to fight whatever is dealt to us.” Consider the following facts:



- The U.S. pays the most for health care than any other country.
- A large number of citizens are suffering and being treated for preventable illnesses.
- One in five high school seniors is fit enough to enter the military.
- Obesity has reached epidemic proportions.
- Next year it will be 50 years since the first study on smoking, still 20 percent of the population smokes.

We can't ignore that we are in an “undeclared war” when it comes to the health of our nation.

Did you know?

Massachusetts and New Hampshire MRCs responded to the Boston Marathon bombing by delivering emergency first aid and transporting the injured. Volunteers also worked in shelters for runners evacuated from the course to provide mental health support.



MRC in Action!



Adam Perelgut, RN treating the feet of trail runner at the Ride the Wind trail run in Cottonwood.



Jeremy Logan, EMT-I assessing a runner at Ride the Wind



Nancy Wulff, LPN and daughter, Leslie Wulff, RN at Rockin' Rabbit Half Marathon/5K in Boulder City



Joanne Heins, RN and Cam Camburn, RN staffed a first aid station at the Flight of Fire half marathon and 10K trail run. MRC volunteer Zoe Albright (middle) was the second woman to finish the half marathon. Way to go!



Dr. Ben Fasbinder icing the knee of a runner at the Summerlin Half Marathon



Ella Duhaime, RN and Jo Alexander, RN at the Volunteers in Medicine 5K

New Faces Among MRC Staff

Michelle Stanton **Administrative Assistant**

Welcome Michelle Stanton, the new administrative assistant for Medical Reserve Corps of Southern Nevada. Michelle joined the health district in January 2005, and supported a number of programs within the Clinics & Nursing Services Division including: Vaccines for Children, Shots 4 Tots and the Perinatal Hepatitis B program.



Michelle looks forward to new challenges within the Community Health Division and experiencing public health from a new perspective. She has a 20-year history of volunteering with organizations such as Three Square, Alzheimer's Association and Goodwill. Her support of volunteerism will be a great asset to our MRC unit.

In her spare time, Michelle enjoys reading, playing bingo, and of course, volunteering.

Trish Beckwith **Training Officer**

In May 2013, Trish Beckwith joined the Office of Public Health Preparedness as a training officer. She has been involved in Emergency Medical Services (EMS) for 27 years as a paramedic and 19 of those years as a clinical educator for EMS personnel. For the last 8 years, Trish has worked in the health district's Office of Emergency Medical System and Trauma System as the field representative.

Trish's goal is to create, conduct and implement training that will be helpful and rewarding for all

Medical Reserve Corps of Southern Nevada members. Her training opportunities will integrate first responder and military personnel (such as fire department, EMS, law enforcement and special operations) and will culminate into MRC specific drills and exercises. Also, as a horse owner and animal advocate, Trish is interested in providing training opportunities and drills for our veterinary volunteers.



Working with professional trainers, Trish hopes to offer targeted classes providing education and certification in Trauma First Response Care, Pre-Hospital Trauma Life Support and Tactical Combat Casualty Care.

Look for an upcoming survey from Trish to help her determine what type of training interests you. She recognizes our unit's volunteers as dedicated individuals and looks forward to bringing them together with others to share education and training.

A special thank you...

Thank you to Dee Dee Khayat for temporarily supporting our unit following Deb Moran's promotion. Dee Dee stepped into the role of coordinating trainings, volunteer opportunities, communicating with volunteers and taking care of daily administrative duties. I'm happy to report that Dee Dee has been promoted to public health preparedness planner, and will assist with planning exercises for and that include our MRC volunteers. Congratulations!

Psychological First Aid

On Sunday, June 9, MRC of Southern Nevada volunteer Bruce Nisberg delivered Psychological First Aid (PFA) training to MRC volunteers. Psychological first aid is an evidence-based approach and intervention, built on the concept of human resilience, to help survivors in the immediate aftermath of a traumatic event, crisis or natural disaster. PFA can help everyone—children, adolescents, adults, elders, and families. Continuing education credits were provided.

New Volunteers

Please welcome our newest members:

- Steven Barton, RN
- Stacey Burrell, RN
- Tom Cornell
- Bonnie Daulton, RN
- Rebecca Good, RN
- Mary Jobes, APN
- Andrea Montoya
- Erika Schroeder, LVT
- Catherine Wiemers

A Gift of Appreciation



MRC of Southern Nevada volunteers who attended training or volunteered in 2012 will receive an insulated cooler with the MRC logo. Thank you for your time and your commitment to our community!



Be a Part of the MRC Team

For local information, contact
Paula J. Martel, Program Coordinator
Medical Reserve Corps
Southern Nevada Health District
P.O. Box 3902, Las Vegas, NV 89127
(702) 759-0877, Fax (702) 759-1445
martel@snhdmal.org
www.SouthernNevadaHealthDistrict.org
<http://servnv.org>
For national program information, go to
www.MedicalReserveCorps.gov



Find us on Facebook!

Look for the Medical Reserve Corps of Southern Nevada Facebook page for photos, news and member shout-outs. Be sure to "Like" us!