



FOR IMMEDIATE RELEASE
September 21, 2010

Health District to participate in 'Choose and Move' event, Sept. 25

LAS VEGAS - The Southern Nevada Health District is a sponsor and participant in the 7th annual Choose and Move festival between 9 a.m. and 2 p.m., Saturday, Sept. 25 at the Doolittle Community Center, 1950 North "J" Street in Las Vegas. The event, presented by Community Partners for Better Health, will offer free health screenings and information, a healthy cooking demonstration, dance instructions, and the annual Officer James Manor Memorial police versus firefighter exhibition basketball game. The event is free and open to the public. For more information, visit the Get Healthy Clark County website, www.GetHealthyClarkCounty.org the Community Partners for Better Health site, www.CommunityPartnersForBetterHealth.com, or call (702) 256-2724.

"Choose and Move offers an opportunity to reach out to members of our community. The event provides information to learn about healthy eating habits and about the importance of physical activity. These are all ways to encourage healthier lifestyles for adults and children," said Celeste Folmar, Community Partners for Better Health chair.

Updated information about the Southern Nevada Health District can be found on Facebook www.facebook.com/SouthernNevadaHealthDistrict, on YouTube www.youtube.com/SNHealthDistrict or Twitter : www.twitter.com/SNHDinfo.