

FOR IMMEDIATE RELEASE

September 17, 2012

Health District, NV Goes Fall Free Coalition mark National Fall Prevention Awareness Day, Sept. 21

LAS VEGAS – The Southern Nevada Health District and its Nevada Goes Fall Free Coalition partners will mark National Fall Prevention Awareness Day, Friday, Sept. 21 with free screenings valley-wide to help seniors determine if they are at high risk for falls. Screenings are scheduled from 10 a.m. – 2 p.m. visit the www.SNHD.Info or www.GetHealthyClarkCounty.org for a list of locations.

The Centers for Disease Control and Prevention (CDC) reports the death rate from falls among older adults has increased by 42 percent from 2000 to 2006. Each year, one in three Americans aged 65 and over falls. In 2010, more than 2.3 million nonfatal fall injuries among older adults were treated in emergency departments with more than 650,000 of these patients hospitalized. Falls are the most common cause of traumatic brain injuries. They are responsible for approximately 50 percent of deaths and 8 percent of hospitalizations of older adults. It is estimated that the cost of treating falls in older adults is more than \$28 billion annually.

In Nevada, the Center for Health Data and Research reports that in 2004 there were 132 deaths that resulted from falls, 70 percent of these occurred in Clark County. The Center also reported that between 2003 and 2005, 10,035 people were admitted to Nevada hospitals as a result of a fall, making up 45 percent of all hospital admissions for accidental injuries in that three year period.

Updated information about the Southern Nevada Health District can be found on Facebook www.facebook.com/SouthernNevadaHealthDistrict, on YouTube www.youtube.com/SNHealthDistrict or Twitter: www.twitter.com/SNHDInfo. The health district is now available in Spanish on Twitter www.twitter.com/TuSNHD. Don't have a Twitter account? Follow the health district on your phone by texting "follow SNHDInfo" to 40404.



Fall Prevention Awareness Day

Friday, September 21
10:00 a.m - 2:00 p.m.*

Free screenings will identify older adults at increased risks for falls. Those at risk will be referred to Stepping On™, a free, well-researched falls prevention program, or other appropriate fall prevention services

* Most locations



Call the location closest to you to register for your free screening!

East Valley Family Services
1800 E. Sahara Ave. #111
Las Vegas NV 89104
702-722-5220

Centennial Hills Active Adult Center
6601 N. Buffalo
Las Vegas, Nevada 89131
702- 229-1702

Jewish Community Center of Southern Nevada
9001 Hillpointe Rd
Las Vegas, NV 89134
702-794-0090

Spring Valley Hospital
5400 S. Rainbow Blvd.
Las Vegas NV 89118
702-388-4888

Heritage Park Senior Facility
300 S. Racetrack Rd.
Henderson, NV 89015
702-267-2956

Cambridge Recreation Center
3930 Cambridge St.
Las Vegas, NV 89119
702-455-7169, ask for Cheryl

Urban League Martin Luther King Jr. Senior Center
2420 N. Martin Luther King Blvd., #B
North Las Vegas, NV 89032
702-636-0064

Sunrise Hospital
3186 South Maryland Parkway
Las Vegas, NV 89109
702-233-5300

CareMore Care Center
3085 E. Flamingo Rd
Las Vegas, NV 89121
702-496-4327

CareMore Care Center
2601 N. Tenaya Way
Las Vegas, NV 89128
702-496-4327

Regency Palms – Assisted Living & Memory Care
3985 S. Pearl St
Las Vegas, NV 89121
702-436-6400

Humana Summerlin Guidance Center
8975 W. Charleston Blvd #100
Las Vegas, NV 89117
702-380-6170

Humana Henderson Guidance Center
1000 N. Green Valley Pkwy., Suite 720
Henderson, NV 89074
702-269-5200
Only from 1:00 - 3:00 p.m.

Cleveland Clinic - Lou Ruvo Center for Brain Health
888 W Bonneville Ave.
Las Vegas, NV 89106
702-778-6700

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