

FOR IMMEDIATE RELEASE May 6, 2014

Four elementary school classes win Health District's 7th UNLV Coaches Challenge Coaches to visit winning classrooms

LAS VEGAS – Fruit, vegetables, physical activity . . . these three things are good for you. It's a simple message and one that 6,000 Clark County School District elementary school children took seriously as they participated in the 7th annual UNLV Coaches Challenge. A UNLV head coach will visit each of the four winning classrooms to congratulate the students for their efforts and to encourage them to make healthy choices and to be physically active. For information about the annual Coaches Challenge or tips about adopting a healthy lifestyle, visit www.GetHealthyClarkCounty.org or call the Southern Nevada Health District's Office of Chronic Disease Prevention and Health Promotion, (702) 759-1270.

The annual Coaches Challenge is a collaborative effort between the Southern Nevada Health District, the Clark County School District and UNLV Athletics. The Challenge encourages grade-school children to choose healthy food and to participate in physical activity. Each year, the winning classrooms receive tickets to UNLV sporting events and the grand prize winning classrooms receive a visit from a UNLV head coach.

This year's Coaches Challenge included students from 104 elementary schools. Participating classes collectively earned a total of 296,383 points, which is the most since the program began in 2007. Each point equals a serving of fruit or vegetables or 15 minutes of physical activity.

This year's UNLV Coaches Challenge winning classrooms represent four elementary schools:

- **2**nd **Grade Scherkenbach Elementary School**: UNLV men's soccer coach, Rich Ryerson, 9:15 a.m., Tues., May 6. Scherkenbach Elementary School, 9371 Iron Mountain Road, LV 89143
- **3rd Grade Tomiyasu Elementary School:** UNLV men's basketball head coach, Dave Rice, 9 a.m., Tues., May 13. Tomiyasu Elementary School, 5445 S. Annie Oakley Drive, LV 89115
- **4**th **Grade Clyde Cox Elementary School:** UNLV women's basketball head coach, Kathy Olivier, 11 a.m., Wed., May 7. Clyde Cox Elementary School, 3855 Timberlake Drive, LV 89115
- 5th Grade Katz Elementary School: Track & field coach, Yvonne Wade, 10:30 a.m., Tues., May 6.
 Katz Elementary School, 1800 Rock Springs Drive, LV 89128

Updated information about the Southern Nevada Health District can be found on Facebook www.facebook.com/SouthernNevadaHealthDistrict, on YouTube www.youtube.com/SNHealthDistrict or Twitter: www.twitter.com/SNHDinfo. The health district is now available in Spanish on Twitter www.twitter.com/TuSNHD. Don't have a Twitter account? Follow the health district on your phone by texting "follow SNHDinfo" to 40404.