

Public Health Advisory 6/14/2024 Severe Illness Potentially Associated with Consuming Diamond Shruumz[™] Edibles

SITUATIONAL AWARENESS SUMMARY

Situation: The Centers for Disease Control and Prevention (CDC) issued a Health Advisory on 6/12/24, regarding an investigation into severe acute illness potentially associated with consuming Diamond Shruumz[™] brand chocolate bars, cones, and gummies. <u>CDC Health Advisory</u>

- **Current Status**: As of 6/11/24, 12 cases of illness, resulting in 10 hospitalizations with several patients requiring intubation, mechanical ventilation, and intensive care, have been reported across eight U.S. states.
- Local Impact: There are no known reported cases in Clark County, NV as of 6/12/2024.

Recommendations for Healthcare Providers:

- Consider. When evaluating patients presenting with adverse effects from consuming "edibles" or food-like products marketed with vague health benefits or implied psychoactive effects, have a high index of suspicion for the potential for severe illness. Clinical presentations may include, but are not limited to:
 - i. CNS depression, sedation, seizures, muscle rigidity, clonus, tremor
 - ii. Tachycardia or bradycardia, hypotension or hypertension
 - iii. Nausea, vomiting, or abdominal pain
 - iv. Skin flushing, diaphoresis, and anion gap metabolic acidosis
- ✓ <u>Counsel.</u> Advise patients and caregivers to avoid consuming mushroom-containing edible products claiming to produce neurologic, cognitive, or psychoactive effects. Refer to the attached guidelines for public recommendations.
- ✓ <u>Consult.</u> Seek early consultation with a medical toxicologist with experience in managing acute unknown ingestions. Contact your local poison center at 1-800-222-1222.
- <u>Test.</u> During routine diagnostic testing based on clinical presentation, consider retaining urine and blood samples for further testing if warranted after coordination with a poison control or SNHD.
- <u>Report.</u> Notify SNHD's Disease Surveillance and Control to report cases of illness after consuming mushroom-containing chocolate or other similar edible products. Fax 702-759-1414 or Phone (702) 759-1300.

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Fermin Leguen, MD, MPH District Health Officer Southern Nevada Health District

Recommendations for the Public

- ✓ <u>AVOID.</u> Avoid eating or serving chocolate, gummies, snack foods, or other edible products claiming to produce feelings of euphoria, hallucinations, or psychedelic effects.
 - i. They might contain undisclosed ingredients that might be linked to severe illness.
 - Do not buy, eat, sell, or serve Diamond Shruumz[™] brand chocolate bars, cones, and gummies. <u>Discard and destroy</u> any product you may have.
 - iii. <u>Store edibles and other products that contain mushrooms, THC, or CBD safely</u> <u>away from children.</u>
- ✓ <u>Consult.</u> If you experience any of the following symptoms after ingesting these products, **seek** immediate medical attention or call the Poison Help Line at 1-800-222-1222:
 - i. Nausea, vomiting, abdominal pain
 - ii. Hallucinations, uncontrolled movements
 - iii. Fast or slow heart rate or high or low blood pressure
 - iv. Coughing, choking, excessive sweating, flushed skin

<u>Report.</u> Report any adverse events related to these products to the FDA MedWatch program online at <u>FDA MedWatch</u>.